

Course Agenda

Friday, October 8, 2010

- 7:00 Registration Open**
- 8:00 - 10:00 ISHA General Meeting** (ISHA Members Only)
- 9:00 - 10:15 Coffee, Tea and Pastries in Exhibit Hall for Course Attendees**
- 10:15 - 10:30 Welcome and Introduction**
ISHA President: *Richard Villar, BSc (Hons) MA MS FRCS UNITED KINGDOM*
Program Chair: *Victor Ilizaliturri Jr., MD MEXICO*
- 10:30 - 11:05 Symposium I: Access and Positioning, Anatomy Video Vignettes**
Moderator: *John O'Donnell, MBBS, FRACS, FAOrthA AUSTRALIA*
- 10:30 - 10:34 Fundamentals of Traction
Michael Dienst, MD GERMANY
- 10:34 - 10:38 Video Presentation - Supine Approach
J W Thomas Byrd, MD USA
- 10:38 - 10:42 Lateral Approach
Victor Ilizaliturri Jr., MD MEXICO
- 10:42 - 10:46 Pin Distractor
Hassan Sadri, MD SWITZERLAND
- 10:46 - 10:50 Central and Peripheral Compartment Anatomy
Carlos Guanche, MD USA
- 10:50 - 10:54 Portals and Their Relation with Periarticular Structures
Luis Pérez Carro, MD PhD SPAIN
- 10:54 - 11:05 Discussion
- 11:05 - 11:25 Master Lecture: History of Hip Arthroscopy**
Richard Villar, BSc (Hons) MA MS FRCS UNITED KINGDOM
- 11:25 - 12:25 Symposium II: Imaging Techniques in the Hip Joint**
Moderator: *Rodrigo Mardones, MD CHILE*
- 11:25 - 11:35 Gold Mine of Information: Plain Radiographs
Martin Beck, MD SWITZERLAND
- 11:35 - 11:45 The Role of MRA in Hip Diagnosis Today
Thomas Sampson, MD USA
- 11:45 - 11:55 CT 3D Surgery: So Much Information
John O'Donnell, MBBS, FRACS, FAOrthA AUSTRALIA
- 11:55 - 12:05 CT Research in Hip Arthroscopy
Mark Dolan, MD USA
- 12:05 - 12:15 Comparative Findings: Arthroscopy and Surgery
Thomas Sampson, MD USA
- 12:15 - 12:25 Discussion
- 12:25 - 13:10 Lunch in Exhibit Hall**

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13:10 - 14:40 Paper Session I: Basic Science

Moderator: *Allston Stubbs, MD USA*

- 13:10 - 13:17 **Paper 1:** Evaluation of Acetabular Contact Areas and Femoral Head Motion In Vivo During Pivoting Motion of the Hip
Marc Safran, MD USA
- 13:17 - 13:24 **Paper 2:** Biomechanical Alterations in Patients With Femoroacetabular Impingement
Brian Giordano, MD USA
- 13:24 - 13:31 **Paper 3:** Four Dimensional Computer Tomographic Video Evaluation in Hip Arthroscopy
Christoph Gebhart, MD AUSTRIA
- 13:31 - 13:38 **Paper 4:** Cross-Sectional Analysis of Iliopsoas Muscle-Tendon Units at the Three Sites of Arthroscopic Tenotomies: An Anatomic Study
Benjamin Zellner, MD USA
- 13:38 - 13:45 **Paper 5:** The Effect of Platelet Enriched Plasma on Early Clinical Outcomes in Patients with Femoroacetabular Impingement Following Arthroscopic Labral Repair and Femoral Neck Osteoplasty
Brian Giordano, MD USA
- 13:45 - 13:55 Discussion
- 13:55 - 14:02 **Paper 6:** The Painful Total Hip Arthroplasty: Is There a Role for Hip Arthroscopy?
Joseph McCarthy, MD USA
- 14:02 - 14:09 **Paper 7:** Use of Arthroscopy in Assessing the Painful Resurfacing Arthroplasty
David Young, MBBS FRACS (Orth) AUSTRALIA
- 14:09 - 14:16 **Paper 8:** Hip Arthroscopy for the Diagnosis and Treatment of Synovial Chondromatosis
Joseph McCarthy, MD USA
- 14:16 - 14:23 **Paper 9:** Comparison of Ultrasonography, MRI Arthrograms and Hip Arthroscopy in Labral Pathology Diagnostics
Bent Lund, MD DENMARK
- 14:23 - 14:30 **Paper 10:** Early Clinical Outcome Following Arthroscopic Management for Femoroacetabular Impingement in Japanese Patients: Rim Trimming, Labral Repair and Osteochondroplasty
Soshi Uchida, MD JAPAN
- 14:30 - 14:40 Discussion

14:40 - 15:00 Break

15:00 - 16:00 Symposium III: Case Presentations

Moderator: *Joseph McCarthy, MD USA*

- 15:00 - 15:10 Case Presentation #1
Thomas Sampson, MD USA
- 15:10 - 15:15 Discussion
- 15:15 - 15:25 Case Presentation #2
Allston Stubbs, MD USA
- 15:25 - 15:30 Discussion
- 15:30 - 15:40 Case Presentation #3
Victor Ilizaliturri Jr., MD MEXICO
- 15:40 - 15:45 Discussion
- 15:45 - 15:55 Case Presentation #4
Marc Safran, MD USA
- 15:55 - 16:00 Discussion



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16:00 - 16:40 Symposium IV: Outcome Measures

Moderator: *Giancarlo Polesello, MD BRAZIL*

16:00 - 16:10 Geographic Localization and Clockface of Hip Injury

Marc Safran, MD USA

16:10 - 16:20 Views from the MAHORN Group

Nick Mohtadi, MD CANADA and Damian Griffin, MD UNITED KINGDOM

16:20 - 16:30 A New Validated Score to Document Outcomes Following Hip Arthroscopy

Karen Briggs, MPH USA

16:30 - 16:40 Complications of Hip Arthroscopy

Carlos Guanche, MD USA

16:40 - 18:00 Model Lab in Caribe Ballroom 3-4 (Additional Registration Required)

18:30 - 19:30 Welcome Reception for ISHA Registrants and Guests

Course Agenda

Saturday, October 9, 2010

- 6:45 Registration Open**
- 7:00 - 8:30 Model Lab in Caribe Ballroom 3-4** (Additional Registration Required)
- 7:30 - 8:30 Continental Breakfast in Exhibit Hall**
- 8:30 - 8:50 Master Lecture: The Concept of Femoroacetabular Impingement**
Martin Beck, MD SWITZERLAND
 Moderator: *Victor Ilizaliturri Jr., MD MEXICO*
- 8:50 - 9:35 Paper Session II: ISHA Trainee Presentation Prize Finalists**
 Moderator: *Rodrigo Mardones, MD CHILE*
- 8:50 - 8:57 **Paper 11:** Reshaping the Hip, Reshaping the Walk: Gait Abnormalities in FAI and the Effect of Surgery
Beatrice Shu, MD USA
- 8:57 - 9:04 **Paper 12:** Vascular Safe Zones During Hip Arthroscopy
Frank McCormick, MD USA
- 9:04 - 9:11 **Paper 13:** Correlation of Magnetic Resonance Arthrography Findings With Revision Hip Arthroscopy
Joseph McCarthy, MD USA
- 9:11 - 9:18 **Paper 14:** Outcomes Following Hip Arthroscopy for FAI in the Adolescent Patient
Leandro Ejnisman, MD USA
- 9:18 - 9:25 **Paper 15:** Evaluation of Alpha Angle as a Predictor of Outcome in the Arthroscopic Management of Labral Disease
Michael Bloomfield, MD USA
- 9:25 - 9:35 Discussion
- 9:35 - 10:20 Paper Session III: General Hip Arthroscopy**
 Moderator: *Rodrigo Mardones, MD CHILE*
- 9:35 - 9:42 **Paper 16:** Arthroscopic Repair of Acetabular Chondral Delamination With Fibrin Adhesive
Alexandros Tzaveas, MD, MSc UNITED KINGDOM
- 9:42 - 9:49 **Paper 17:** Open Surgical Dislocation Versus Arthroscopic Treatment of Femoro-Acetabular Impingement: A Prospective Comparison of a Single Surgeon Clinical Results
Benjamin Domb, MD USA
- 9:49 - 9:56 **Paper 18:** Preoperative Strength Influences Recovery Following Hip Arthroscopy
John Cooper, MD USA
- 9:56 - 10:03 **Paper 19:** Os Acetabuli in 13 Hips - Several Entities?
Sverre Løken, MD, PhD NORWAY
- 10:03 - 10:10 **Paper 20:** Results of Hip Arthroscopy in Patients That Sustain Iatrogenic Punctures of the Labrum
Josh Blomberg, MD USA
- 10:10 - 10:20 Discussion
- 10:20 - 10:50 Break to Visit Exhibits**
- 10:50 - 12:15 Symposium V: Debates**
 Moderator: *Thierry Boyer, MD FRANCE*
- 10:50 - 10:57 Arthroscopic Management of FAI, Pincer, Always Rim Trim, Labral Reattachment
Marc Philippon, MD USA
- 10:57 - 11:04 Arthroscopic Management of FAI, Pincer, Always Rim Trim, No Labral Reattachment
Thomas Sampson, MD USA
- 11:04 - 11:14 Discussion

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10:50 - 12:15 Symposium V: Debates (Continued)

- 11:14 - 11:21 Arthroscopic Management of Cam Impingement
Marc Philippon, MD USA
- 11:21 - 11:28 Open Management of Cam Impingement
Martin Beck, MD SWITZERLAND
- 11:28 - 11:35 Mini-Open Management of FAI
Manuel Ribas, MD SPAIN
- 11:35 - 11:45 Discussion
- 11:45 - 11:52 Cartilage Flap, Membrane with Chondrocytes
Andrea Fontana, MD ITALY
- 11:52 - 11:59 Cartilage Flap, Fibrin Glue
Jonathan Bunn, MD IRELAND
- 11:59 - 12:06 Cartilage Flap, Microfracture
Benjamin Domb, MD USA
- 12:06 - 12:15 Discussion

12:15 - 13:00 Symposium VI: Global Status of Hip Arthroscopy

Moderator: *Richard Villar, BSc (Hons) MA MS FRCS UNITED KINGDOM*

- 12:15 - 12:17 Introduction
Richard Villar, BSc (Hons) MA MS FRCS UNITED KINGDOM
- 12:17 - 12:22 Scandinavia
Tom Ludvigsen, MD NORWAY
- 12:22 - 12:27 Africa
Josip Cakic, MD, PhD SOUTH AFRICA
- 12:27 - 12:32 Pacific Rim (Far East)
Jason Brockwell, MD HONG KONG
- 12:32 - 12:37 Australia and New Zealand
Michael Pritchard, FRACS AUSTRALIA
- 12:37 - 12:42 India and the Middle East
Vijay Shetty, MD INDIA
- 12:42 - 12:47 Europe
Antonio (Tony) Andrade, MB BS, FRCS (Tr & Orth) UNITED KINGDOM
- 12:47 - 12:52 The Americas
Benjamin Domb, MD USA
- 12:52 - 13:00 Discussion

13:00 - 13:10 Working Lunch

13:10 - 13:55 Paper Session IV: Extra Articular Hip Arthroscopy

Moderator: *Michael Dienst, MD GERMANY*

- 13:10 - 13:17 **Paper 21:** The Outcome of Arthroscopic Treatment of Lateral Trochanteric Pain Syndrome – A Retrospective Review
Singh J Parminder, MBBS, MRCS, FRCS (Tr & Orth), MS AUSTRALIA
- 13:17 - 13:24 **Paper 22:** Results of Endoscopic Lengthening of Fascia Lata and Trochanteric Bursectomy for the Treatment of Persistent Trochanteric Bursitis
Arash Nabavi-Tabrizi, MD AUSTRALIA
- 13:24 - 13:31 **Paper 23:** The Endoscopic Treatment of Sciatic Nerve Entrapment/Deep Gluteal Syndrome
Hal Martin, DO USA

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13:10 - 13:55 Paper Session IV: Extra Articular Hip Arthroscopy (Continued)

13:31 - 13:38 **Paper 24:** Arthroscopic Release of External Snapping Hip Syndrome
Jan Somers, MD BELGIUM

13:38 - 13:45 **Paper 25:** Endoscopic Gluteus Maximus Tendon Release for External Snapping Hip Syndrome
Giancarlo Polesello, MD BRAZIL

13:45 - 13:55 Discussion

13:55 - 14:02 Paper Session V: Sports Medicine in Young Patients

Moderator: *Michael Dienst, MD GERMANY*

13:55 - 14:02 **Paper 26:** Are Years of Sport Participation Associated With Femoroacetabular Impingement?
Karen Briggs, MPH USA

14:02 - 14:09 **Paper 27:** Abnormal Exam and Imaging Findings in Asymptomatic, Elite College Football Players
Karen Briggs, MPH USA

14:09 - 14:16 **Paper 28:** Outcomes After the Arthroscopic Treatment of Femoro-Acetabular Impingement in a Mixed Group of High Level Athletes
Shane Nho, MD USA

14:16 - 14:23 **Paper 29:** Recognizing Borderline Hip Dysplasia on Pelvic Radiographs of Young Adults
Chris Paliobeis, MD UNITED KINGDOM

14:23 - 14:30 **Paper 30:** The Outcome of Hip Arthroscopy in Teenagers - A Review of 96 Cases
John O'Donnell, MBBS, FRACS, FAOrthA AUSTRALIA

14:30 - 14:40 Discussion

14:40 - 15:10 Presidential Ceremony of ISHA

14:40 - 14:50 Presentation of President
Joseph McCarthy, MD USA

14:50 - 15:00 President's Address to Membership
Richard Villar, BSc (Hons) MA MS FRCS UNITED KINGDOM

15:00 - 15:05 Transfer of Presidency

15:05 - 15:10 Future of ISHA and Announcement of Vice President by President-Elect

15:10 - 15:30 Break to Visit Exhibits

15:30 - 16:20 Symposium VII: Lectures

Moderator: *Hassan Sadri, MD SWITZERLAND*

15:30 - 15:37 Synovial Tissue Pathology in the Hip
Thierry Boyer, MD FRANCE

15:37 - 15:44 Hip Instability
Srino Bharam, MD USA

15:44 - 15:51 Development Hip Dysplasia
Joseph McCarthy, MD USA

15:51 - 15:58 The Pediatric Hip and Hip Deformities in Adolescents
Giancarlo Polesello, MD BRAZIL

15:58 - 16:05 Postraumatic Hip
Victor Ilizaliturri Jr., MD MEXICO

16:05 - 16:12 Social and Professional Networking in Hip Arthroscopy
Jon Hyman, MD USA

16:12 - 16:20 Discussion

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16:20 - 17:05 Paper Session VI: Impingement

Moderator: *Thomas Sampson, MD USA*

- 16:20 - 16:27 **Paper 31:** Is There a Genetic Link to FAI: A DNA Pilot Study of GDF5 and Frizzled Single Nucleotide Polymorphisms
Marc Safran, MD USA
- 16:27 - 16:34 **Paper 32:** Femoroacetabular Impingement and Squats: A Potentially Harmful Combination
Giancarlo Polesello, MD BRAZIL
- 16:34 - 16:41 **Paper 33:** Short to Medium Term Results of Arthroscopic Hip Surgery for the Treatment of Femoroacetabular Impingement
Arash Nabavi-Tabrizi, MD AUSTRALIA
- 16:41 - 16:48 **Paper 34:** Factors Associated With Failure After Hip Arthroscopy in Femoroacetabular Impingement
Juan Nossa, MD COLOMBIA
- 16:48 - 16:55 **Paper 35:** Arthroscopic Femoral Osteochondroplasty for Cam Femoroacetabular Impingement in Patients Over 60 Years of Age
Arshad Javed, FRCS (T&O) AUSTRALIA
- 16:55 - 17:05 Discussion

17:05 - 17:50 Paper Session VII: Other

Moderator: *Thomas Sampson, MD USA*

- 17:05 - 17:12 **Paper 36:** Arthroscopic Ligamentum Teres Reconstruction
Andrew Pennock, MD USA
- 17:12 - 17:19 **Paper 37:** Reconstruction of the Ligamentum Capitis Femoris: Anatomic, Magnetic Resonance and Computed Tomography Study
Carlos Galindo Rubin, MD SPAIN
- 17:19 - 17:26 **Paper 38:** Endoscopic Surgery of Recalcitrant Osteitis Pubis in a Patient with Bilateral Femoroacetabular Impingement
Dean Matsuda, MD USA
- 17:26 - 17:33 **Paper 39:** The Prevalence of Dysplasia in Femoroacetabular Impingement
Chris Paliobeis, MD UNITED KINGDOM
- 17:33 - 17:40 **Paper 40:** The Responsiveness and Minimal Clinically Important Difference (MCID) of the Mahorn Quality of Life Tool
Lisa Phillips, MD CANADA
- 17:40 - 17:50 Discussion

17:50 - 18:00 Closing Remarks

ISHA President: *Richard Villar, BSc (Hons) MA MS FRCS UNITED KINGDOM*

Program Chair: *Victor Ilizaliturri Jr., MD MEXICO*